Name_____**Period**_____

COPE PHYSICAL EDUCATION MAKE UP FORM

I recognize that it may be necessary to miss Physical Education on occasion. Due to the fact that Physical Education is an activity-based class, the day will have to made up, regardless of the absence. This means days must be made up due to illness, field trips, extra assistance in another class, and all appointments. In addition, when a student cannot partake in any exercise due to a parent note, the day will need to be made up.

A few absences over the course of the semester will not significantly alter the grade. However, numerous absences will negatively affect the Physical Education grade. Missed days can be made up at home or at school. However, only 10 days a year can be made up at home. **Missed days must be made up within a two week period from the day the student returns to school.** If they are made up at school it must be prearranged with the teacher and the student will do a 20 minute run/walk before school, during lunch, or after school. **Missed timed mile runs must be made up at school only**.

If the work is made up at home it must consist of the following: 50 minutes of **continuous** exercise for each day missed.

Students may choose from the following:

Bike Riding
Jogging
Walking
Aerobic Dance
Swimming
Roller Skating/Blading
Soccer

THE TEACHER HAS THE RIGHT TO ALTER THE MAKE-UP POLICY AS NEEDED.

THIS FORM MUST BE FILLED OUT ENTIRELY FOR FULL CREDIT!

In order to maintain the integrity of the Physical Education Program, I am asking you to take the make-up work of your child seriously.

What date(s) were you absent? _____

Date	Activity	Time	Parent Signature
9/15/03	Jogging	5:00-5:50	